



## YAM

The **Young Adult Ministry** office (ministry for those in their 20s and 30s, married and single) of the Archdiocese of Chicago invites **YOU** to participate in our new and exciting online Lenten “blog” experience entitled:

**Awaken:** *"Awaken your spirit...Inspire your heart..."*

For the 40 days of Lent we are offering you the opportunity to participate in a daily reflection and dialogue based on a weekly theme. It will be the most prayerful 10 minutes of your day! As a participant, you can engage with your peers through a hosted 'blog' on the Young Adult Ministry website (<http://www.yamchicago.org/awaken>). After 40 days of Awakening to the Spirit, we will invite and encourage all who have participated to \*optionally\* connect *in person* at a place and time TBD in Chicago.

Some features of the blog are:

- Daily Reflection
- Daily Readings
- Chance to dialogue with other young adults
- Suggestions for moving through this season of Lent
- Chance to express your faith
- Suggestions for connecting faith and life experiences

Weekly themes are:

- Week 1: Making the most of Lent
- Week 2: God is with us; God loves us; God forgives us
- Week 3: Jesus, our friend, calls us
- Week 4: Loving others, loving neighbor
- Week 5: Self-Sacrifice and Service
- Week 6: Mary, our Mother
- Week 7: Personal Prayer
- Week 8: Making a difference through action

Visit [www.yamchicago.org/awaken](http://www.yamchicago.org/awaken) NOW to begin your own personal Lenten Journey!

**AWAKEN Your Spirit...Inspire Your Heart in 2009!!!**